Coronavirus (COVID-19)

The City of Portola is actively monitoring the worldwide Coronavirus (COVID-19) situation. The City recommends that residents following the Federal, State, and County guidelines during this time.

What you can do:

Use healthy hygiene practices: If you are sick, stay home. Wash your hands often with soap and water for at least 20 seconds. Avoid touching your eyes, nose, and mouth with unwashed hands. Cover your cough or sneeze. Clean and disinfect frequently touched objects and surfaces.

Plan ahead: Personal preparedness is important on any given day. Have extra food, medical supplies, and emergency kits. Talk to your family, friends, and neighbors to develop emergency plans.

Monitor your health: If you have recently traveled in an area with coronavirus infections, OR been in contact with someone who has tested positive, OR are showing symptoms, monitor your health and talk to a medical professional. Seek medical help if needed, regardless of your immigration status.

Keep your distance: Practice social distancing, such as keeping six feet between yourself and others, avoid shaking hands, and avoid crowded areas. If you have a chronic disease, like lung disease, diabetes, cancer, a compromised immune system, are over 60 or pregnant, avoid unnecessary travel, unnecessary gatherings and events.

Stay informed: Please utilize official sources for accurate and up-to-date information, including:

Plumas County Public Health Agency: (530) 283-6330
https://www.plumascounty.us/91/Public-Health-Agency

California Department of Public Health: (916) 558-1784
https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx,

Center for Disease Control: (800) 232-4636
https://www.cdc.gov/coronavirus/2019-ncov/index.html